

Suggested Resources:

Instant Challenges, Team Building Activities & Improvisation

All teams need to practice *Instant Challenge* at every meeting, as well as team building and improvisational exercises. These resource links provide a start.

Instant Challenges:

- cre8iowa *Instant Challenge* Library (free), <http://www.cre8iowa.org/team-support/instant-challenge-library/>
- Other Destination ImagiNation Affiliates (explore the list, also free): <http://www.idodi.org/index.php/get-involved/states-a-countries->
- Destination ImagiNation Resource Links for Practicing *Instant Challenge*: <http://didisc.org/r-ic>
- Destination ImagiNation (for purchase): <http://www.shopdi.org>

Team-Building Activities:

- Great Solutions to Team Challenges (free): <http://greatsolutions.blogspot.com>
- Wilderdom (free): <http://wilderdom.com/games>
- Great Group Games (free): <http://www.greatgroupgames.com>
- The Junkyard Sports Community (free): <http://www.junkyardsports.com>
- Destination ImagiNation Resource Links for Teams and Teamwork (free): <http://didisc.org/r-teamsteamwork>

Improvisation:

- Improv Encyclopedia: <http://www.improvencyclopedia.org/index.html>
- Learn Improv: <http://www.learnimprov.com>
- Destination ImagiNation Resource WIKI* Improv page: http://diresources.wikispaces.com/main_improv

*Please note that the Destination ImagiNation Resource WIKI is in the process of relocating its resources to Destination Imagination Resources Links, located here: <http://didisc.org/r-resourcemain>